



Mixed ability hatha yoga classes designed to help you work towards harmony, balance and well-being

Stoulton Village Hall

Tuesday mornings 09:30 - 11:00
classes run during school term times

For more information and to book a place please contact Lucy

T: 01386 710490

M: 0751 332 7381

LucyMurrayYoga@gmail.com

www.LucyMurrayYoga.co.uk

